



Grilled Chicken Nuggets

COOKING INSTRUCTIONS

For all cooking methods, heat to an internal temperature of 165° F.

PREFERRED METHOD



ON THE STOVETOP

- 1 Place frozen nuggets in nonstick skillet.
- 2 Heat on medium for 3 to 5 minutes or until warm.



IN THE MICROWAVE

- 1 Center frozen nuggets on microwave safe plate.
- 2 Heat nuggets covered on high:

NUGGETS (FROZEN)	TIME (HIGH POWER)
1 cup	1 min.
1 ½ cups	1 ½ mins.

For each additional ½ cup add 30 seconds.

- 3 Do not overheat. Appliances may vary. Heating times are approximate.



PLEASE USE CAUTION

Chicken will be very hot! Handle with caution after heating. Let cool 1 to 2 minutes before eating.



IN THE OVEN

- 1 Preheat oven to 350° F.
- 2 Place frozen nuggets on a baking sheet that has been sprayed with nonstick spray.
- 3 Heat for 8 minutes, flip nuggets and heat an additional 8 ½ minutes or until internal temperature reaches 165° F.
- 4 Appliances may vary, adjust accordingly.
- 5 Remove and let stand 2 minutes before serving.



IN THE AIR FRYER

- 1 Preheat air fryer to 350° F.
- 2 Place frozen nuggets in the air fryer basket. Do not use nonstick spray.
- 3 Heat for 4 minutes, flip nuggets and heat an additional 4 minutes or until internal temperature reaches 165° F.
- 4 Pull nuggets from air fryer basket and let stand 2 minutes before serving.